## Make a Prevention Intervention with the Ageven Sheet: First Results of Experimentation Conducted with French High School Student who live in France and in Korea

## **Imaine Sahed**

A review of the current research with the peer' influence to experiment and consume psychoactive substances (tobacco, cannabis, alcohol) during adolescence. This reflection/action proposition suggests a prevention method singular: method of "self-reflection". Based on « social influence model » that aims to prevent smoking among youth. This proposition wants to develop competence to manage peer solicitation to psychoactive substances consumption. This proposition is built on the following hypothesis: the preventing action can be efficient when the sensitive the young public on the peer 'social influence. To work on the risk peer 'influence, the method suggests the "Ageven" sheet use in order to accompany the "self-reflection". We tested effectiveness of this tool particularly its receipt among French school students in Korea. This experimentation is realized among consumers and non-consumers of psychoactive substances. The experimental method was setting up among adolescent population as part of health education action in a scholar context.

After a sociology-demography training at the University Paris Ouest Nanterre Defense Imaine Sahed is currently a PhD student in the laboratory Cadis (EHESS) and the doctoral network of EHESP (Rennes). The thesis of her research interests is focused on the period of adolescence. She tries to understand cigarette smoking cannabis and alcohol courses consumption, in adolescence: why during adolescence, some young people have limited themselves to one experimentation, while others have developed an occasional, repeated, or daily mode of consumption? The objective is to provide methodological ideas, approaches to prevent psychoactive substances experimentation and consumption during adolescence.

Date & Time: June17(Wednesday) 2015, 12:00-13:00

**Location: SNUAC #406**